













Run Forrest 2014

Forrest : 8 Jun 2014

First 3 Places in each Category

Place	No.	Name	Time	Time Dif	Av Spd
21Km Overall Male					
	1	37 Andrew Mock	1:30:15		13.96
	2	30 Brent Lalor	1:31:41	1:26	13.74
	3	437 Steven Page	1:31:51	1:36	13.72
21Km Overall Female					
	1	182 Claudia Verstraten	1:45:28		11.95
	2	142 Brooke Williams	1:46:04	0:36	11.88
	3	107 Millicent Coote	1:47:48	2:20	11.69
10Km Open Male					
	1	604 Nick Ashton	37:16		16.10
	2	627 Timothy Crapp	39:38	2:22	15.14
	3	645 Jack Hockley Samon	39:44	2:28	15.10
10Km Open Female					
	1	824 Gemma Kenessy	41:30		14.46
	2	731 Jocelyn Fredericks	43:12	1:42	13.89
	3	744 Vanessa Jackson	43:15	1:45	13.87